



Bödefelder Hollenlauf/ -Marsch  
Bödefeld / 19.05.2012

## Detailed evaluation

Oosting, Hilly

Club: Annen  
Number: 722

Course: 21.00 km  
21 km Lauf

Category:  
Seniorinnen W50

Total time: 2:37:53

Speed: 7.98 km/h  
Running performance: 7:31 min/km

Rank in course/Total: 44 (of 56)  
Rank in course/Women: 11 (of 16)  
Best time in course: 2:05:19

Rank in category: 3(of 3)  
Best time in the category: 2:25:18