



Bödefelder Hollenlauf/ -Marsch
Bödefeld / 19.05.2012

Detailed evaluation

Rathgeber, Dieter

Club: Arnsberg

Number: 749

Course: 21.00 km

21 km Lauf

Category:

Senioren M60

Total time: 2:38:36

Speed: 7.94 km/h

Running performance: 7:33 min/km

Rank in course/Total: 45 (of 56)

Rank in course/Men: 34 (of 40)

Best time in course: 1:30:47

Rank in category: 3(of 3)

Best time in the category: 1:55:45