



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Braungart, Georg

Club: LG Würzburg

Number: 1306

Course: 67.00 km

67 km Lauf

Category:

Senioren M45

Total time: 6:07:35

Speed: 10.94 km/h

Running performance: 5:29 min/km

Rank in course/Total: 24 (of 118)

Rank in course/Men: 23 (of 95)

Best time in course: 4:51:45

Rank in category: 9(of 24)

Best time in the category: 5:13:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	1:40:56	5:10	7	11:12	14	14:39	19.50	1:40:56	5:10	16			49
Kühude	20.50	1:49:27	5:20	9	18:31	24	21:37	40.00	3:30:23	5:15	16			49
Nasse Wiese	20.50	2:05:16	6:06	10	27:12	28	34:05	60.50	5:35:39	5:32	16			48
Finish	6.50	31:56	4:54	7	5:15	24	6:48	67.00	6:07:35	5:29	9	53:56	23	1:15:50