



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Schneider, Björn

Club: Skiclub Olpe

Number: 1087

Course: 42.00 km

42 km Lauf

Category:

Senioren M45

Total time: 3:40:43

Speed: 11.42 km/h

Running performance: 5:16 min/km

Rank in course/Total: 2 (of 46)

Rank in course/Men: 2 (of 36)

Best time in course: 3:25:57

Rank in category: 1(of 12)

Best time in the category: 3:40:43

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Nasse Wiese	19.50	1:38:04	5:01	1	-	2	6:21	19.50	1:38:04	5:01	1	-	20	
Obersorpe	8.00	39:56	4:59	1	-	2	1:43	27.50	2:18:00	5:01	1	-	20	
Finish	14.50	1:22:43	5:42	1	-	2	6:42	42.00	3:40:43	5:15	1	-	2	14:46