



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Jordan, Jürgen

Club: SuS Bertlich

Number: 1329

Course: 67.00 km

67 km Lauf

Category:

Senioren M55

Total time: 6:13:03

Speed: 10.78 km/h

Running performance: 5:34 min/km

Rank in course/Total: 27 (of 118)

Rank in course/Men: 26 (of 95)

Best time in course: 4:51:45

Rank in category: 5(of 10)

Best time in the category: 5:53:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Nasse Wiese	19.50	1:45:55	5:25	3	2:12	24	19:38	19.50	1:45:55	5:25	5	2:12	93		
Kühude	20.50	1:50:59	5:24	5	5:34	28	23:09	40.00	3:36:54	5:25	5	7:32	92		
Nasse Wiese	20.50	2:07:16	6:12	5	13:18	30	36:05	60.50	5:44:10	5:41	5	20:50	91		
Finish	6.50	28:53	4:26	1	-	9	3:45	67.00	6:13:03	5:34	5	19:23	26	1:21:18	