



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Raabe, Inge

Club: Skiclub Weiss-Blau Remscheid

Number: 1357

Course: 67.00 km

67 km Lauf

Category:

Seniorinnen W45

Total time: 6:22:04

Speed: 10.52 km/h

Running performance: 5:42 min/km

Rank in course/Total: 32 (of 118)

Rank in course/Women: 2 (of 23)

Best time in course: 5:47:05

Rank in category: 1(of 4)

Best time in the category: 6:22:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking					
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Nasse Wiese	19.50	1:52:41	5:46	1	-	2	8:01	19.50	1:52:41	5:46	1	-	23
Kühude	20.50	1:53:12	5:31	1	-	2	7:30	40.00	3:45:53	5:38	1	-	23
Nasse Wiese	20.50	2:03:50	6:02	1	-	2	15:32	60.50	5:49:43	5:46	1	-	23
Finish	6.50	32:21	4:58	1	-	3	3:56	67.00	6:22:04	5:42	1	-	2 34:59