



# Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

## Detailed evaluation

### Röthlingshöfer, Willfried

Club: Ipsheim  
Number: 1363

Course: 67.00 km  
67 km Lauf

Category:  
Senioren M45

Total time: 6:26:23

Speed: 10.40 km/h  
Running performance: 5:46 min/km

Rank in course/Total: 34 (of 118)

Rank in course/Men: 32 (of 95)

Best time in course: 4:51:45

Rank in category: 10(of 24)

Best time in the category: 5:13:39

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	1:53:01	5:47	10	23:17	38	26:44	19.50	1:53:01	5:47	15			87
Kühude	20.50	1:53:51	5:33	10	22:55	34	26:01	40.00	3:46:52	5:40	15			86
Nasse Wiese	20.50	2:04:57	6:05	9	26:53	27	33:46	60.50	5:51:49	5:48	15			85
Finish	6.50	34:34	5:19	10	7:53	39	9:26	67.00	6:26:23	5:46	10	1:12:44	32	1:34:38