



Bödefelder Hollenlauf/ -Marsch
Bödefeld / 19.05.2012

Detailed evaluation

Juchems, Hartmut

Club: Bremen
Number: 714

Course: 21.00 km
21 km Lauf

Category:
Senioren M55

Total time: 2:59:04

Speed: 7.04 km/h
Running performance: 8:32 min/km

Rank in course/Total: 54 (of 56)

Rank in course/Men: 39 (of 40)

Best time in course: 1:30:47

Rank in category: 2(of 2)

Best time in the category: 2:33:09