



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Deckert, Deborah

Club: Aschaffenburg

Number: 1310

Course: 67.00 km

67 km Lauf

Category:

Seniorinnen W55

Total time: 6:51:22

Speed: 9.77 km/h

Running performance: 6:08 min/km

Rank in course/Total: 46 (of 118)

Rank in course/Women: 5 (of 23)

Best time in course: 5:47:05

Rank in category: 1(of 3)

Best time in the category: 6:51:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Nasse Wiese	19.50	2:00:19	6:10	2	1:47	5	15:39	19.50	2:00:19	6:10	1	-	20		
Kühude	20.50	2:05:43	6:07	1	-	6	20:01	40.00	4:06:02	6:09	1	-	20		
Nasse Wiese	20.50	2:13:34	6:30	1	-	7	25:16	60.50	6:19:36	6:16	1	-	20		
Finish	6.50	31:46	4:53	1	-	2	3:21	67.00	6:51:22	6:08	1	-	5	1:04:17	