



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Hohm, Martin

Club: TSV Pflaumheim

Number: 1762

Course: 67.00 km

67 km Lauf

Category:

Senioren M50

Total time: 6:51:22

Speed: 9.77 km/h

Running performance: 6:08 min/km

Rank in course/Total: 47 (of 118)

Rank in course/Men: 42 (of 95)

Best time in course: 4:51:45

Rank in category: 9(of 16)

Best time in the category: 5:11:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:00:28	6:10	11	32:50	54	34:11	19.50	2:00:28	6:10	9	32:50	76	
Kühude	20.50	2:05:36	6:07	10	34:32	50	37:46	40.00	4:06:04	6:09	9	1:07:22	75	1:40
Nasse Wiese	20.50	2:13:36	6:31	7	30:03	39	42:25	60.50	6:19:40	6:16	9	1:37:25	75	
Finish	6.50	31:42	4:52	4	2:14	22	6:34	67.00	6:51:22	6:08	9	1:39:39	42	1:59:37