



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Kröling, Matthias

Club: Köln

Number: 1335

Course: 67.00 km

67 km Lauf

Category:

Männer

Total time: 6:51:22

Speed: 9.77 km/h

Running performance: 6:08 min/km

Rank in course/Total: 48 (of 118)

Rank in course/Men: 42 (of 95)

Best time in course: 4:51:45

Rank in category: 4(of 6)

Best time in the category: 5:01:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:07:57	6:33	4	41:40	61	41:40	19.50	2:07:57	6:33	4	36:32	75	7:14
Kühude	20.50	2:01:39	5:56	4	32:27	45	33:49	40.00	4:09:36	6:14	4	1:06:27	74	5:12
Nasse Wiese	20.50	2:10:01	6:20	3	37:24	34	38:50	60.50	6:19:37	6:16	4	1:43:51	74	
Finish	6.50	31:45	4:53	3	6:13	23	6:37	67.00	6:51:22	6:08	4	1:50:04	42	1:59:37