



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Geiger, Klaus-Michael

Club: LC Duisburg

Number: 1058

Course: 42.00 km

42 km Lauf

Category:

Senioren M55

Total time: 4:23:28

Speed: 9.56 km/h

Running performance: 6:16 min/km

Rank in course/Total: 10 (of 46)

Rank in course/Men: 10 (of 36)

Best time in course: 3:25:57

Rank in category: 3(of 7)

Best time in the category: 4:11:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	1:53:02	5:47	1	-	5	21:19	19.50	1:53:02	5:47	3			19
Obersorpe	8.00	49:54	6:14	3	5:34	15	11:41	27.50	2:42:56	5:55	3	0:54		19
Finish	14.50	1:40:32	6:56	4	11:24	13	24:31	42.00	4:23:28	6:16	3	12:18		10 57:31