



# Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

## Detailed evaluation

**Paul, Oliver**

Club: LeXXi-Sports.com

Number: 1071

Course: 42.00 km

42 km Lauf

Category:

Senioren M35

Total time: 4:26:05

Speed: 9.47 km/h

Running performance: 6:20 min/km

Rank in course/Total: 11 (of 46)

Rank in course/Men: 11 (of 36)

Best time in course: 3:25:57

Rank in category: 1(of 2)

Best time in the category: 4:26:05

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:05:01	6:24	1	-	17	33:18	19.50	2:05:01	6:24	1	-	29	
Obersorpe	8.00	48:57	6:07	1	-	12	10:44	27.50	2:53:58	6:19	1	-	29	
Finish	14.50	1:32:07	6:21	1	-	7	16:06	42.00	4:26:05	6:20	1	-	11	1:00:08