



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Bornemann, Horst

Club: TriFun Hennesee

Number: 1753

Course: 67.00 km

67 km Lauf

Category:

Senioren M45

Total time: 6:58:28

Speed: 9.61 km/h

Running performance: 6:15 min/km

Rank in course/Total: 52 (of 118)

Rank in course/Men: 46 (of 95)

Best time in course: 4:51:45

Rank in category: 11(of 24)

Best time in the category: 5:13:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking					
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men
Nasse Wiese	19.50	1:57:56	6:02	13	28:12	46	31:39	19.50	1:57:56	6:02	14	1:26	20
Kühude	20.50	2:03:48	6:02	12	32:52	49	35:58	40.00	4:01:44	6:02	14	5:10	37
Nasse Wiese	20.50	2:23:09	6:58	11	45:05	48	51:58	60.50	6:24:53	6:21	14		71
Finish	6.50	33:35	5:10	9	6:54	33	8:27	67.00	6:58:28	6:14	11	1:44:49	46 2:06:43