



# Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

## Detailed evaluation

**Hövels, Eberhard**

Club: Aarseerunners

Number: 1064

Course: 42.00 km

42 km Lauf

Category:

Senioren M55

Total time: 4:36:52

Speed: 9.10 km/h

Running performance: 6:35 min/km

Rank in course/Total: 13 (of 46)

Rank in course/Men: 13 (of 36)

Best time in course: 3:25:57

Rank in category: 4(of 7)

Best time in the category: 4:11:10

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Nasse Wiese	19.50	2:04:21	6:22	4	11:19	14	32:38	19.50	2:04:21	6:22	4	6:39	31		
Obersorpe	8.00	52:54	6:36	7	8:34	23	14:41	27.50	2:57:15	6:26	4	15:13	31		
Finish	14.50	1:39:37	6:52	3	10:29	12	23:36	42.00	4:36:52	6:35	4	25:42	13	1:10:55	