



Bödefelder Hollenlauf/ -Marsch  
Bödefeld / 19.05.2012

Detailed evaluation

Theine, Stefan

Club: SC Siedlinghausen

Number: 19

Course: 13.00 km

13 km Lauf

Category:

Senioren M40

Total time: 1:03:02

Speed: 12.37 km/h

Running performance: 4:51 min/km

Rank in course/Total: 5 (of 65)

Rank in course/Men: 5 (of 49)

Best time in course: 58:52

Rank in category: 1(of 6)

Best time in the category: 1:03:02