



Bödefelder Hollenlauf/ -Marsch
Bödefeld / 19.05.2012

Detailed evaluation

Wrede, Martin

Club: Meschede

Number: 66

Course: 13.00 km

13 km Lauf

Category:

Senioren M45

Total time: 1:03:43

Speed: 12.24 km/h

Running performance: 4:54 min/km

Rank in course/Total: 7 (of 65)

Rank in course/Men: 7 (of 49)

Best time in course: 58:52

Rank in category: 3(of 8)

Best time in the category: 58:52