



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Schreiber, Jörg

Club: Hinterländer Holzklötze

Number: 1096

Course: 42.00 km

42 km Lauf

Category:

Senioren M40

Total time: 4:46:51

Speed: 8.79 km/h

Running performance: 6:50 min/km

Rank in course/Total: 19 (of 46)

Rank in course/Men: 18 (of 36)

Best time in course: 3:25:57

Rank in category: 2(of 4)

Best time in the category: 3:25:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:08:38	6:35	3	36:55	23	36:55	19.50	2:08:38	6:35	2	36:55	36	3:19
Obersorpe	8.00	49:26	6:10	2	11:13	13	11:13	27.50	2:58:04	6:28	2	48:08	36	
Finish	14.50	1:48:47	7:30	3	32:46	20	32:46	42.00	4:46:51	6:49	2	1:20:54	18	1:20:54