



Bödefelder Hollenlauf/ -Marsch  
Bödefeld / 19.05.2012

Detailed evaluation

Haupt, Heinz-Holger

Club: TRITUS SV Neheim-Hüsten  
Number: 63

Course: 13.00 km  
13 km Lauf

Category:  
Senioren M50

Total time: 1:05:27

Speed: 11.92 km/h  
Running performance: 5:02 min/km

Rank in course/Total: 9 (of 65)

Rank in course/Men: 9 (of 49)

Best time in course: 58:52

Rank in category: 2(of 14)

Best time in the category: 1:04:58