



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Luckey, Michael

Club: TuS Heinrichsthal Wehrstapel

Number: 1068

Course: 42.00 km

42 km Lauf

Category:

Senioren M35

Total time: 4:58:57

Speed: 8.43 km/h

Running performance: 7:07 min/km

Rank in course/Total: 26 (of 46)

Rank in course/Men: 24 (of 36)

Best time in course: 3:25:57

Rank in category: 2(of 2)

Best time in the category: 4:26:05

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Nasse Wiese	19.50	2:13:06	6:49	2	8:05	26	41:23	19.50	2:13:06	6:49	2	8:05	6	7:47
Obersorpe	8.00	52:04	6:30	2	3:07	20	13:51	27.50	3:05:10	6:44	2	11:12	6	4:10
Finish	14.50	1:53:47	7:50	2	21:40	23	37:46	42.00	4:58:57	7:07	2	32:52	24	1:33:00