



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Bremer, Andreas

Club: TRI TEAM TG Witten

Number: 1093

Course: 42.00 km

42 km Lauf

Category:

Senioren M55

Total time: 5:01:04

Speed: 8.37 km/h

Running performance: 7:10 min/km

Rank in course/Total: 27 (of 46)

Rank in course/Men: 25 (of 36)

Best time in course: 3:25:57

Rank in category: 7(of 7)

Best time in the category: 4:11:10

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Nasse Wiese	19.50	2:17:53	7:04	7	24:51	30	46:10	19.50	2:17:53	7:04	7	20:11	7	12:34
Obersorpe	8.00	52:53	6:36	6	8:33	22	14:40	27.50	3:10:46	6:56	7	28:44	7	9:46
Finish	14.50	1:50:18	7:36	7	21:10	21	34:17	42.00	5:01:04	7:10	7	49:54	25	1:35:07