



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Brocker, Jörg

Club: LG DUV

Number: 1307

Course: 67.00 km

67 km Lauf

Category:

Senioren M40

Total time: 7:33:10

Speed: 8.87 km/h

Running performance: 6:46 min/km

Rank in course/Total: 67 (of 118)

Rank in course/Men: 57 (of 95)

Best time in course: 4:51:45

Rank in category: 12(of 20)

Best time in the category: 4:58:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:16:11	6:59	19	48:38	76	49:54	19.50	2:16:11	6:59	9	30:20	14	15:28
Kühude	20.50	2:17:32	6:42	16	49:42	66	49:42	40.00	4:33:43	6:50	9	49:01	14	29:19
Nasse Wiese	20.50	2:20:08	6:50	9	43:23	46	48:57	60.50	6:53:51	6:50	9	38:55	14	7:53
Finish	6.50	39:19	6:02	10	13:16	58	14:11	67.00	7:33:10	6:45	12	2:34:59	57	2:41:25