



Bödefelder Hollenlauf/ -Marsch  
Bödefeld / 19.05.2012

Detailed evaluation

**Kobas, Thorsten**

Club: TSV 1863 Herdecke  
Number: 37

Course: 13.00 km  
13 km Lauf

Category:  
Senioren M50

Total time: 1:07:18

Speed: 11.59 km/h  
Running performance: 5:11 min/km

Rank in course/Total: 13 (of 65)

Rank in course/Men: 13 (of 49)

Best time in course: 58:52

Rank in category: 3(of 14)

Best time in the category: 1:04:58