



Bödefelder Hollenlauf/ -Marsch
Bödefeld / 19.05.2012

Detailed evaluation

Vielhaber, Thomas

Club: LAC Veltins
Number: 57

Course: 13.00 km
13 km Lauf

Category:
Senioren M50

Total time: 1:09:21

Speed: 11.25 km/h
Running performance: 5:20 min/km

Rank in course/Total: 15 (of 65)

Rank in course/Men: 15 (of 49)

Best time in course: 58:52

Rank in category: 5(of 14)

Best time in the category: 1:04:58