



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Klasmeier, Michael

Club: Wiedenbrücker TV

Number: 1821

Course: 67.00 km

67 km Lauf

Category:

Senioren M45

Total time: 7:36:47

Speed: 8.80 km/h

Running performance: 6:49 min/km

Rank in course/Total: 69 (of 118)

Rank in course/Men: 59 (of 95)

Best time in course: 4:51:45

Rank in category: 15(of 24)

Best time in the category: 5:13:39

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Nasse Wiese | 19.50 | 2:11:27 | 6:44 | 17 | 41:43 | 67 | 45:10 | 19.50 | 2:11:27 | 6:44 | 10 | 14:57 | 12 | 10:44 |
| Kühude | 20.50 | 2:11:45 | 6:25 | 14 | 40:49 | 57 | 43:55 | 40.00 | 4:23:12 | 6:34 | 10 | 26:38 | 12 | 18:48 |
| Nasse Wiese | 20.50 | 2:32:34 | 7:26 | 14 | 54:30 | 56 | 1:01:23 | 60.50 | 6:55:46 | 6:52 | 10 | 29:51 | 12 | 9:48 |
| Finish | 6.50 | 41:01 | 6:18 | 15 | 14:20 | 65 | 15:53 | 67.00 | 7:36:47 | 6:49 | 15 | 2:23:08 | 59 | 2:45:02 |