



# Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

## Detailed evaluation

**Odor, Karin**

Club: LeXXi-Sports.com

Number: 1070

Course: 42.00 km

42 km Lauf

Category:

Seniorinnen W35

Total time: 5:10:19

Speed: 8.12 km/h

Running performance: 7:23 min/km

Rank in course/Total: 35 (of 46)

Rank in course/Women: 4 (of 10)

Best time in course: 4:46:49

Rank in category: 2(of 3)

Best time in the category: 4:58:50

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nasse Wiese	19.50	2:20:48	7:13	2	7:39	7	7:39	19.50	2:20:48	7:13	2	7:39	4	5:47
Obersorpe	8.00	56:43	7:05	2	3:46	4	3:46	27.50	3:17:31	7:10	2	11:25	4	9:24
Finish	14.50	1:52:48	7:46	2	0:04	3	14:06	42.00	5:10:19	7:23	2	11:29	4	23:30