



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Ottensmann, Tobias

Club: Gütersloh

Number: 1769

Course: 67.00 km

67 km Lauf

Category:

Senioren M30

Total time: 7:39:11

Speed: 8.75 km/h

Running performance: 6:51 min/km

Rank in course/Total: 71 (of 118)

Rank in course/Men: 61 (of 95)

Best time in course: 4:51:45

Rank in category: 2(of 2)

Best time in the category: 7:18:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:10:26	6:41	1	-	65	44:09	19.50	2:10:26	6:41	2		10	9:43
Kühude	20.50	2:17:49	6:43	2	6:50	67	49:59	40.00	4:28:15	6:42	2	2:58	10	23:51
Nasse Wiese	20.50	2:31:44	7:24	2	13:39	54	1:00:33	60.50	6:59:59	6:56	2	16:37	10	14:01
Finish	6.50	39:12	6:01	2	3:35	57	14:04	67.00	7:39:11	6:51	2	20:12	61	2:47:26