



Bödefelder Hollenlauf/ -Marsch  
Bödefeld / 19.05.2012

Detailed evaluation

hoorn, elly

Club: hunzerunners  
Number: 1063

Course: 42.00 km  
42 km Lauf

Category:  
Seniorinnen W50

Total time: 5:14:05

Speed: 8.02 km/h  
Running performance: 7:29 min/km

Rank in course/Total: 37 (of 46)

Rank in course/Women: 5 (of 10)

Best time in course: 4:46:49

Rank in category: 1(of 3)

Best time in the category: 5:14:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nasse Wiese	19.50	2:13:56	6:52	1	-	2	0:47	19.50	2:13:56	6:52	1	-	5	
Obersorpe	8.00	57:41	7:12	1	-	5	4:44	27.50	3:11:37	6:58	1	-	5	3:30
Finish	14.50	2:02:28	8:26	2	1:18	6	23:46	42.00	5:14:05	7:28	1	-	5	27:16