



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Loy, Stefan

Club: RSV Sugenheim

Number: 1768

Course: 67.00 km

67 km Lauf

Category:

Senioren M40

Total time: 7:45:11

Speed: 8.64 km/h

Running performance: 6:56 min/km

Rank in course/Total: 73 (of 118)

Rank in course/Men: 63 (of 95)

Best time in course: 4:51:45

Rank in category: 15(of 20)

Best time in the category: 4:58:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:10:35	6:41	14	43:02	66	44:18	19.50	2:10:35	6:41	6	24:44	8	9:52
Kühude	20.50	2:17:30	6:42	15	49:40	65	49:40	40.00	4:28:05	6:42	6	43:23	8	23:41
Nasse Wiese	20.50	2:36:59	7:39	13	1:00:14	62	1:05:48	60.50	7:05:04	7:01	6	50:08	8	19:06
Finish	6.50	40:07	6:10	12	14:04	62	14:59	67.00	7:45:11	6:56	15	2:47:00	63	2:53:26