



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Gottschewski, Renate

Club: BSG Springorum

Number: 1059

Course: 42.00 km

42 km Lauf

Category:

Seniorinnen W50

Total time: 5:19:25

Speed: 7.89 km/h

Running performance: 7:37 min/km

Rank in course/Total: 40 (of 46)

Rank in course/Women: 7 (of 10)

Best time in course: 4:46:49

Rank in category: 2 (of 3)

Best time in the category: 5:14:05

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Nasse Wiese	19.50	2:20:15	7:11	2	6:19	6	7:06	19.50	2:20:15	7:11	2	6:19	7	5:14
Obersorpe	8.00	58:00	7:15	2	0:19	6	5:03	27.50	3:18:15	7:12	2	6:38	7	10:08
Finish	14.50	2:01:10	8:21	1	-	5	22:28	42.00	5:19:25	7:36	2	5:20	7	32:36