



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Doerner, Tom

Club: Team Erdinger Alkoholfrei

Number: 1389

Course: 67.00 km

67 km Lauf

Category:

Senioren M35

Total time: 7:49:09

Speed: 8.57 km/h

Running performance: 7:00 min/km

Rank in course/Total: 74 (of 118)

Rank in course/Men: 64 (of 95)

Best time in course: 4:51:45

Rank in category: 6(of 7)

Best time in the category: 4:51:45

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Nasse Wiese	19.50	2:12:28	6:47	6	44:52	68	46:11	19.50	2:12:28	6:47	6	44:52	7	11:45
Kühude	20.50	2:21:53	6:55	6	54:03	70	54:03	40.00	4:34:21	6:51	6	1:38:55	7	29:57
Nasse Wiese	20.50	2:36:04	7:36	6	1:04:53	60	1:04:53	60.50	7:10:25	7:06	6	2:43:48	7	24:27
Finish	6.50	38:44	5:57	6	13:36	55	13:36	67.00	7:49:09	7:00	6	2:57:24	64	2:57:24