



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Becker, Mattin

Club: Troisdorfer LG M.U.T.

Number: 1805

Course: 67.00 km

67 km Lauf

Category:

Senioren M50

Total time: 7:53:12

Speed: 8.50 km/h

Running performance: 7:04 min/km

Rank in course/Total: 77 (of 118)

Rank in course/Men: 66 (of 95)

Best time in course: 4:51:45

Rank in category: 12(of 16)

Best time in the category: 5:11:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:17:39	7:03	14	50:01	77	51:22	19.50	2:17:39	7:03	13	50:01	4	16:56
Kühude	20.50	2:22:25	6:56	13	51:21	73	54:35	40.00	4:40:04	7:00	13	1:41:22	4	35:40
Nasse Wiese	20.50	2:36:40	7:38	12	53:07	61	1:05:29	60.50	7:16:44	7:13	13	2:34:29	4	30:46
Finish	6.50	36:28	5:36	10	7:00	48	11:20	67.00	7:53:12	7:03	12	2:41:29	66	3:01:27