



# Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

## Detailed evaluation

**Link-Holtermann, Elke**

Club: TuS Breckerfeld

Number: 1341

Course: 67.00 km

67 km Lauf

Category:

Seniorinnen W40

Total time: 7:54:55

Speed: 8.46 km/h

Running performance: 7:05 min/km

Rank in course/Total: 78 (of 118)

Rank in course/Women: 11 (of 23)

Best time in course: 5:47:05

Rank in category: 2(of 2)

Best time in the category: 6:57:08

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nasse Wiese	19.50	2:11:24	6:44	2	2:17	10	26:44	19.50	2:11:24	6:44	2	2:17	14	
Kühude	20.50	2:15:26	6:36	2	8:56	11	29:44	40.00	4:26:50	6:40	2	11:13	14	
Nasse Wiese	20.50	2:50:55	8:20	2	41:51	16	1:02:37	60.50	7:17:45	7:14	2	53:04	14	
Finish	6.50	37:10	5:43	2	4:43	11	8:45	67.00	7:54:55	7:05	2	57:47	11	2:07:50