



Bödefelder Hollenlauf/ -Marsch
Bödefeld / 19.05.2012

Detailed evaluation

Löwen, Robert

Club: Warstein

Number: 45

Course: 13.00 km

13 km Lauf

Category:

Senioren M50

Total time: 1:14:40

Speed: 10.45 km/h

Running performance: 5:44 min/km

Rank in course/Total: 24 (of 65)

Rank in course/Men: 24 (of 49)

Best time in course: 58:52

Rank in category: 9(of 14)

Best time in the category: 1:04:58