



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Kreutz, Axel

Club: Laufftreff Stadtwerke Hilchenbach

Number: 1767

Course: 67.00 km

67 km Lauf

Category:

Senioren M40

Total time: 7:57:45

Speed: 8.41 km/h

Running performance: 7:08 min/km

Rank in course/Total: 79 (of 118)

Rank in course/Men: 68 (of 95)

Best time in course: 4:51:45

Rank in category: 16(of 20)

Best time in the category: 4:58:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:13:05	6:49	17	45:32	72	46:48	19.50	2:13:05	6:49	5	27:14	3	12:22
Kühude	20.50	2:14:04	6:32	14	46:14	60	46:14	40.00	4:27:09	6:40	5	42:27	3	22:45
Nasse Wiese	20.50	2:49:51	8:17	17	1:13:06	77	1:18:40	60.50	7:17:00	7:13	5	1:02:04	3	31:02
Finish	6.50	40:45	6:16	14	14:42	64	15:37	67.00	7:57:45	7:07	16	2:59:34	68	3:06:00