



Bödefelder Hollenlauf/ -Marsch
Bödefeld / 19.05.2012

Detailed evaluation

Niemeier, Joachim

Club: Team Oberhausen
Number: 15

Course: 13.00 km
13 km Lauf

Category:
Senioren M55

Total time: 1:15:59

Speed: 10.27 km/h
Running performance: 5:50 min/km

Rank in course/Total: 26 (of 65)

Rank in course/Men: 26 (of 49)

Best time in course: 58:52

Rank in category: 2(of 5)

Best time in the category: 1:05:42