



# Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

## Detailed evaluation

**Decius, Karl-Walter**

Club: Trail Team OWL

Number: 1055

Course: 42.00 km

42 km Lauf

Category:

Senioren M60

Total time: 5:36:51

Speed: 7.48 km/h

Running performance: 8:01 min/km

Rank in course/Total: 45 (of 46)

Rank in course/Men: 36 (of 36)

Best time in course: 3:25:57

Rank in category: 3(of 3)

Best time in the category: 4:39:39

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:32:43	7:49	3	28:18	36	1:01:00	19.50	2:32:43	7:49	3	28:18	18	27:24
Obersorpe	8.00	1:05:13	8:09	3	15:07	35	27:00	27.50	3:37:56	7:55	3	43:25	18	36:56
Finish	14.50	1:58:55	8:12	3	13:47	30	42:54	42.00	5:36:51	8:01	3	57:12	36	2:10:54