



# Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

## Detailed evaluation

**Mann, Matthias**

Club: Paderborn

Number: 1830

Course: 67.00 km

67 km Lauf

Category:

Senioren M40

Total time: 8:07:51

Speed: 8.24 km/h

Running performance: 7:17 min/km

Rank in course/Total: 83 (of 118)

Rank in course/Men: 72 (of 95)

Best time in course: 4:51:45

Rank in category: 17(of 20)

Best time in the category: 4:58:11

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:17:41	7:03	20	50:08	78	51:24	19.50	2:17:41	7:03	4	31:50	46	16:58
Kühude	20.50	2:25:12	7:04	19	57:22	76	57:22	40.00	4:42:53	7:04	4	58:11	46	38:29
Nasse Wiese	20.50	2:44:15	8:00	15	1:07:30	74	1:13:04	60.50	7:27:08	7:23	4	1:12:12	45	41:10
Finish	6.50	40:43	6:15	13	14:40	63	15:35	67.00	8:07:51	7:16	17	3:09:40	72	3:16:06