



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Kyri, Ute

Club: LT Hagen-Emst

Number: 1337

Course: 67.00 km

67 km Lauf

Category:

Seniorinnen W55

Total time: 8:11:28

Speed: 8.18 km/h

Running performance: 7:20 min/km

Rank in course/Total: 86 (of 118)

Rank in course/Women: 12 (of 23)

Best time in course: 5:47:05

Rank in category: 3(of 3)

Best time in the category: 6:51:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nasse Wiese	19.50	2:23:26	7:21	3	24:54	12	38:46	19.50	2:23:26	7:21	3	23:07	1	-
Kühude	20.50	2:25:21	7:05	3	19:38	13	39:39	40.00	4:48:47	7:13	3	42:45	1	-
Nasse Wiese	20.50	2:43:14	7:57	3	29:40	12	54:56	60.50	7:32:01	7:28	3	1:12:25	1	-
Finish	6.50	39:27	6:04	3	7:41	13	11:02	67.00	8:11:28	7:20	3	1:20:06	12	2:24:23