



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Rohrman, Bernd

Club: Hagen

Number: 1361

Course: 67.00 km

67 km Lauf

Category:

Senioren M50

Total time: 8:11:33

Speed: 8.18 km/h

Running performance: 7:20 min/km

Rank in course/Total: 88 (of 118)

Rank in course/Men: 75 (of 95)

Best time in course: 4:51:45

Rank in category: 15(of 16)

Best time in the category: 5:11:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:26:03	7:29	16	58:25	82	59:46	19.50	2:26:03	7:29	15	58:25	43	25:20
Kühude	20.50	2:26:24	7:08	15	55:20	77	58:34	40.00	4:52:27	7:18	15	1:53:45	43	48:03
Nasse Wiese	20.50	2:39:46	7:47	14	56:13	66	1:08:35	60.50	7:32:13	7:28	15	2:49:58	42	46:15
Finish	6.50	39:20	6:03	13	9:52	59	14:12	67.00	8:11:33	7:20	15	2:59:50	75	3:19:48