



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

jaschky-sterzenbach, iris

Club: asv st. augustin

Number: 1326

Course: 67.00 km

67 km Lauf

Category:

Seniorinnen W50

Total time: 8:12:28

Speed: 8.16 km/h

Running performance: 7:21 min/km

Rank in course/Total: 89 (of 118)

Rank in course/Women: 14 (of 23)

Best time in course: 5:47:05

Rank in category: 2(of 4)

Best time in the category: 8:11:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nasse Wiese	19.50	2:23:27	7:21	1	-	13	38:47	19.50	2:23:27	7:21	2		11	0:01
Kühude	20.50	2:25:18	7:05	1	-	12	39:36	40.00	4:48:45	7:13	2		11	
Nasse Wiese	20.50	2:43:14	7:57	1	-	12	54:56	60.50	7:31:59	7:28	2		11	
Finish	6.50	40:29	6:13	2	1:04	14	12:04	67.00	8:12:28	7:21	2	0:56	14	2:25:23