



Bödefelder Hollenlauf/ -Marsch
Bödefeld / 19.05.2012

Detailed evaluation

Kriegeskorte, Daniel

Club: VfL-Flechenberg / LAC Veltins
Number: 49

Course: 13.00 km
13 km Lauf

Category:
Senioren M40

Total time: 1:16:30

Speed: 10.20 km/h
Running performance: 5:53 min/km

Rank in course/Total: 29 (of 65)

Rank in course/Men: 29 (of 49)

Best time in course: 58:52

Rank in category: 5(of 6)

Best time in the category: 1:03:02