



Bödefelder Hollenlauf/ -Marsch
Bödefeld / 19.05.2012

Detailed evaluation

Grausam, Kerstem

Club: Hetz mich nicht !
Number: 64

Course: 13.00 km
13 km Lauf

Category:
Senioren M45

Total time: 1:16:42

Speed: 10.17 km/h
Running performance: 5:54 min/km

Rank in course/Total: 31 (of 65)

Rank in course/Men: 30 (of 49)

Best time in course: 58:52

Rank in category: 6(of 8)

Best time in the category: 58:52