



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Wahl, Thomas

Club: TEAM Egger Brilon

Number: 1793

Course: 67.00 km

67 km Lauf

Category:

Senioren M40

Total time: 8:20:38

Speed: 8.03 km/h

Running performance: 7:28 min/km

Rank in course/Total: 90 (of 118)

Rank in course/Men: 76 (of 95)

Best time in course: 4:51:45

Rank in category: 18(of 20)

Best time in the category: 4:58:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:15:55	6:58	18	48:22	74	49:38	19.50	2:15:55	6:58	3	30:04	42	15:12
Kühude	20.50	2:20:30	6:51	17	52:40	69	52:40	40.00	4:36:25	6:54	3	51:43	42	32:01
Nasse Wiese	20.50	2:56:14	8:35	18	1:19:29	81	1:25:03	60.50	7:32:39	7:28	3	1:17:43	41	46:41
Finish	6.50	47:59	7:22	18	21:56	80	22:51	67.00	8:20:38	7:28	18	3:22:27	76	3:28:53