



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Matschke, Manfred

Club: 1. Tri-Team Gütersloh GTV

Number: 1832

Course: 67.00 km

67 km Lauf

Category:

Senioren M60

Total time: 8:34:48

Speed: 7.81 km/h

Running performance: 7:41 min/km

Rank in course/Total: 94 (of 118)

Rank in course/Men: 80 (of 95)

Best time in course: 4:51:45

Rank in category: 1(of 3)

Best time in the category: 8:34:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Nasse Wiese	19.50	2:00:15	6:10	1	-	53	33:58	19.50	2:00:15	6:10	2	-	38	-	-
Kühude	20.50	2:33:10	7:28	2	11:11	83	1:05:20	40.00	4:33:25	6:50	2	1:48	38	29:01	
Nasse Wiese	20.50	3:06:07	9:04	2	13:00	85	1:34:56	60.50	7:39:32	7:35	1	-	37	53:34	
Finish	6.50	55:16	8:30	2	7:40	88	30:08	67.00	8:34:48	7:41	1	-	80	3:43:03	