



Bödefelder Hollenlauf/ -Marsch  
Bödefeld / 19.05.2012

Detailed evaluation

Nicklaus, Dagmar

Club: KLB2000  
Number: 1352

Course: 67.00 km  
67 km Lauf

Category:  
Seniorinnen W50

Total time: 8:41:13

Speed: 7.71 km/h  
Running performance: 7:47 min/km

Rank in course/Total: 97 (of 118)

Rank in course/Women: 16 (of 23)

Best time in course: 5:47:05

Rank in category: 3(of 4)

Best time in the category: 8:11:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nasse Wiese	19.50	2:25:41	7:28	3	2:14	15	41:01	19.50	2:25:41	7:28	3	2:13	9	2:15
Kühude	20.50	2:34:03	7:30	3	8:45	15	48:21	40.00	4:59:44	7:29	3	10:54	9	10:57
Nasse Wiese	20.50	2:55:23	8:33	3	12:09	18	1:07:05	60.50	7:55:07	7:51	3	23:00	9	23:06
Finish	6.50	46:06	7:05	3	6:41	17	17:41	67.00	8:41:13	7:46	3	29:41	16	2:54:08