



Bödefelder Hollenlauf/ -Marsch
Bödefeld / 19.05.2012

Detailed evaluation

Holtsträter, Dirk

Club: TUS Uentrop
Number: 33

Course: 13.00 km
13 km Lauf

Category:
Senioren M50

Total time: 1:19:36

Speed: 9.80 km/h
Running performance: 6:07 min/km

Rank in course/Total: 39 (of 65)

Rank in course/Men: 37 (of 49)

Best time in course: 58:52

Rank in category: 11(of 14)

Best time in the category: 1:04:58