



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Nette, Christian

Club: Mönchengladbach

Number: 1350

Course: 67.00 km

67 km Lauf

Category:

Männer

Total time: 8:44:29

Speed: 7.66 km/h

Running performance: 7:50 min/km

Rank in course/Total: 98 (of 118)

Rank in course/Men: 82 (of 95)

Best time in course: 4:51:45

Rank in category: 6(of 6)

Best time in the category: 5:01:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:40:51	8:14	6	1:14:34	92	1:14:34	19.50	2:40:51	8:14	6	1:09:26	36	40:08
Kühude	20.50	2:37:41	7:41	6	1:08:29	84	1:09:51	40.00	5:18:32	7:57	6	2:15:23	36	1:14:08
Nasse Wiese	20.50	2:44:13	8:00	5	1:11:36	73	1:13:02	60.50	8:02:45	7:58	6	3:26:59	35	1:16:47
Finish	6.50	41:44	6:25	5	16:12	66	16:36	67.00	8:44:29	7:49	6	3:43:11	82	3:52:44