



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Dewald, Monika

Club: LFV Schutterwald

Number: 1311

Course: 67.00 km

67 km Lauf

Category:

Seniorinnen W65

Total time: 8:45:54

Speed: 7.64 km/h

Running performance: 7:51 min/km

Rank in course/Total: 99 (of 118)

Rank in course/Women: 17 (of 23)

Best time in course: 5:47:05

Rank in category: 1(of 2)

Best time in the category: 8:45:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nasse Wiese	19.50	2:35:01	7:56	2	0:04	18	50:21	19.50	2:35:01	7:56	1	-	8	11:35
Kühude	20.50	2:38:10	7:42	1	-	17	52:28	40.00	5:13:11	7:49	1	-	8	24:24
Nasse Wiese	20.50	2:48:57	8:14	1	-	15	1:00:39	60.50	8:02:08	7:58	1	-	8	30:07
Finish	6.50	43:46	6:44	1	-	16	15:21	67.00	8:45:54	7:50	1	-	17	2:58:49