



# Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

## Detailed evaluation

**Panoch, Stefan**

Club: Team Erdinger Alkoholfrei  
Number: 1770

Course: 67.00 km  
67 km Lauf

Category:  
Senioren M35

Total time: 8:55:34

Speed: 7.51 km/h  
Running performance: 7:59 min/km

Rank in course/Total: 100 (of 118)

Rank in course/Men: 83 (of 95)

Best time in course: 4:51:45

Rank in category: 7(of 7)

Best time in the category: 4:51:45

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:22:03	7:17	7	54:27	80	55:46	19.50	2:22:03	7:17	7	54:27	35	21:20
Kühude	20.50	2:29:03	7:16	7	1:01:13	78	1:01:13	40.00	4:51:06	7:16	7	1:55:40	35	46:42
Nasse Wiese	20.50	3:01:42	8:51	7	1:30:31	83	1:30:31	60.50	7:52:48	7:48	7	3:26:11	34	1:06:50
Finish	6.50	1:02:46	9:39	7	37:38	91	37:38	67.00	8:55:34	7:59	7	4:03:49	83	4:03:49